



# GOVERNMENT POLYTECHNIC, AURANGABAD

(AN AUTONOMOUS INSTITUTE OF GOVT. OF MAHARASHTRA)

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No. GPCS / TPO / YOGA / 2025-26/

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## सूचना:

प्रथम वर्षाच्या सर्व शाखेतील विद्यार्थ्यांना प्रथम सत्रात Yoga and Meditation YAM 7G301 हा विषय देण्यात आलेला आहे. प्रथम वर्षाच्या सर्व तासिका ही नियमित पणे सुरु झालेले आहेत.

योगा अँड मेडिटेशन या विषयाचे वर्ग दिनांक 10 सप्टेंबर 2025 पासून सुरु करण्यात येत आहेत.

तरी सर्व विद्यार्थ्यांना सूचित करण्यात येते की सोबत दिलेल्या वेळापत्रकात दिलेल्या Duration 1 व Duration 2 मधील batch प्रमाणे योगा च्या वर्गाला नियमित पणे उपस्थित राहावे. करिता पहिल्या दिवसापासून न चुकता उपस्थित राहावे व दिलेल्या सर्व सूचनांचे पालन करावे.

डॉ ए एम जितूरकर

प्राचार्य

शासकीय तंत्रनिकेतन,

छत्रपती संभाजीनगर

<b>GOVERNMENT POLYTECHNIC CHH. SAMBHAJINAGAR</b>
<b>BATCHES FOR YOGA AND MEDITATION 7G301 (YAM)</b>
<b>ALLOCATION OF DURATION, TIME, BATCHES AND VENUE</b>
<b>DURATION 1 : 10.09.2025 TO 19.09.2025 ( DAILY - OFFLINE)</b>

Sr. No	Time	Branch	Enrollment No.	Venue	Batch
1	06.00 TO 07.30 am	ETC	258001 to 258046	GYM. HALL	Yoga 1
2	06.00 TO 07.30 am		258047 to 258092	RAC HALL	Yoga 2
3	06.00 TO 07.30 am		258093 to 258138	LAC HALL	Yoga 3
4	07. 30 TO 09.00 am	IT	257001 to 257045	GYM. HALL	Yoga 4
5	07. 30 TO 09.00 am	IT+CO	257046 to 257068 256001 to 256023	RAC HALL	Yoga 5
6	07. 30 TO 09.00 am	CO+AN	256024 to 257035 254001 to 254035	LAC HALL	Yoga 6
7	05.30 TO 07.00 pm	CIVIL ENGG	251001 to 251046	GYM. HALL	Yoga 7
8	05.30 TO 07.00 pm		251047 to 251092	RAC HALL	Yoga 8
9	05.30 TO 07.00 pm		251093 to 251137	LAC HALL	Yoga 9

**Instructions:**

1. Yoga and meditation 7G301 (YAM) practicals will be conducted offline as per time table shown above.
2. This course is for all the students of first year for all programmes (branches)
3. This course will be conducted in two phases (Duration 1 and 2).
4. All students are divided into separate batches from Y1 to Y18
5. Every student should check batch no. shown and should attend the yoga sessions offline accordingly.
6. Attendance and completion of the course is compulsory to all first year students. If the student fail to complete the course, he will be detained (failed) in the course.
7. During Yoga session , student should wear loose clothes (Jean pants not allowed)

**GOVERNMENT POLYTECHNIC CHH. SAMBHAJINAGAR****BATCHES FOR YOGA AND MEDITATION 7G301 (YAM)****ALLOCATION OF DURATION, TIME, BATCHES AND VENUE****DURATION 2 : 22.09.2025 TO 04.10.2025 ( DAILY - OFFLINE)**

<b>Sr. No</b>	<b>Time</b>	<b>Branch</b>	<b>Enrollment No.</b>	<b>Venue</b>	<b>Batch</b>
1	06.00 TO 07.30 am	EE	253001 to 253056	GYM. HALL	Yoga 10
2	06.00 TO 07.30 am		253046 to 253090	RAC HALL	Yoga 11
3	06.00 TO 07.30 am		253091 to 253136	LAC HALL	Yoga 12
4	07. 30 TO 09.00 am	ME-C	252139 to 252173	GYM. HALL	Yoga 13
5	07. 30 TO 09.00 am	AE	259001 to 259035	RAC HALL	Yoga 14
6	07. 30 TO 09.00 am	DDGM	255001 to 255033	LAC HALL	Yoga 15
7	05.30 TO 07.00 pm	ME-A	252001 to 252046	GYM. HALL	Yoga 16
8	05.30 TO 07.00 pm	ME-A+B	252047 to 252092	RAC HALL	Yoga 17
9	05.30 TO 07.00 pm	ME-B	252093 to 252138	LAC HALL	Yoga 18

**Instructions:**

1. Yoga and meditation 7G301 (YAM) practicals will be conducted offline as per time table shown above.
2. This course is for all the students of first year for all programmes (branches)
3. This course will be conducted in two phases (Duration 1 and 2).
4. All students are divided into separate batches from Y1 to Y18
5. Every student should check batch no. shown and should attend the yoga sessions offline accordingly.
6. Attendance and completion of the course is compulsory to all first year students. If the student fail to complete the course, he will be detained (failed) in the course.
7. During Yoga session , student should wear loose clothes (Jean pants not allowed)